



Reset. Restore. Reconnect.

ACG OC Women in Leadership Unveils Its First Women and Wellness Event, a Curated Salon Experience Designed to Improve Your Holistic Health

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Join us for an afternoon of engaging conversation and fascinating insights from a panel of women's wellness experts covering topics including food-as-medicine, hormone health, as well as sleep and nervous-system regulation. Learn practical techniques such as guided breath work, sound healing, and how to practice gratitude.

Then it's time for delicious organic food, drinks, and of course, networking. Its women and wellness at their very best. Register TODAY!



Ekaterina Ferguson
(moderator)
FBFK Law



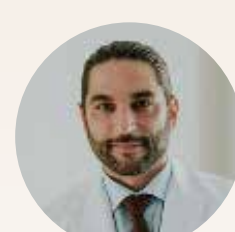
Dr. Laura Capina
Synerchi



Svetlana Dubinsky
NeuroChange
Strategist



Dr. JoQueta Handy
Handy Wellness
Center



Dr. Michael Satereh
TruMD



Gian Shakti
Jupiter Yoga

Wednesday, September 23, 2026
4:00PM – 7:00PM

3 Park Plaza, First Floor
Irvine, CA 92614

Advance: Members \$95/Non-Members \$120

For more information, email: info@acgoc.org



[Register Today!](#)



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