

SPEAKERS

LIFESTYLE/WELL-BEING: BREAKOUT SESSION



**ANNE
SPAETH**

CEO
The Lynhall



**HEIDI
ANDERMACK**

Boss Lady
Chowgirls Killer
Catering



**JULIE
BURTON**

Founder & CEO
ModernWell



**SARAH
MOE**

Founder & CEO
Sleep Health
Specialists



**MELANIE
BENJAMIN**

Chief Executive
Mille Lacs
Band of Ojibwe



**SUKI
DARDARIAN**

Sr Managing
Editor/VP
Star Tribune



**ROSHINI
RAJKUMAR**

WCCO Radio Talk Show Host
& Executive Coach
Roshini Performance Group

FINANCE BREAKOUT SESSION



**LAURIE
DUXBURY**

Senior Vice President
Middle Market
Commercial Banking
Wells Fargo



**CATHY
CONNETT**

CEO & Managing
Partner
Sofia Fund



**STEPHANIE
LEE**

Commercial
Real Estate
Advisor
Carlson Commercial



**SARA
RUSSICK**

Managing Director
Capita3



**DAWN
ROSEMOND**

Partner, Director of
Diversity Professional
Development &
Inclusion; Author
Barnes & Thornburg



**JANA
SHORTAL**

Reporter &
Co-Author
Breaking the News
KARE 11

ACTIVE SESSION



**HEATHER
CORNDORF**

Founder
mXe Movement Studio

WHOLE SELF: BREAKOUT SESSION



**HEATHER
CORNDORF**

Founder
mXe Movement Studio



**SALLY
MAINQUIST**

Co-Founder & CEO
Veritae Group



**SHEILA
SMITH**

Executive Director
Minnesota Citizens
for the Arts



**KAO KALIA
YANG**

Writer, Teacher &
Public Speaker

YOUNG PROFESSIONALS PANEL



**NANCY
SAMSON**

President & CEO
Shingobee Builders



**ALYZA
BOHBOT**

Owner
City Girl Coffee



**RA'EESA
MOTALA**

Broker
Lee & Associates



**JASMINE
RUSSELL**

Founder & CEO
Monicat Data