

Gestalt Coaching &
Consulting Presents

Women's Digital Workshops

~ 10 Part Series ~

JOIN US FOR POWERFUL
ENGAGEMENT
WHEREVER YOU ARE

10 Workshops - 40 minutes each
March 19 - 30, @ 2pm CST



free

Empowered Women Empower
Women

March Workshops

Menu

- 19 WHAT IS BALANCE IN LIFE?
- 20 FINDING & EXPLORING YOUR
LIFE PURPOSE
- 21 UNFOLDING SELF
- 23 MEentored & MEntoring
- 24 LIVING AN AMPLIFIED LIFE
- 25 WHEN SELF DOUBT CREEPS IN
- 26 ACTIONS = RESULTS
- 27 VULNERABILITY &
CONNECTION
- 28 BETTER LISTENING AT
WORK AND IN LIFE
- 30 MIND THE GAP, BE THE
SPACE



MAKE
TIME FOR
SELF WITH
US

Step 1

REGISTER &
SCHEDULE
STRATEGY
SESSION

Step 2

ATTEND
WORKSHOPS

Step 3

ENJOY A FREE
ONE-ON-
ONE
STRATEGY
SESSION

There is no passion to be found in settling for a life that is less than the one you are capable of living
-Nelson Mandela



Registration Link



Registration Form

A confirmation and Zoom link to the workshop will be sent to you after completing the registration form.

Schedule Strategy Session

Includes a Free Future One-on-One Strategy Session!
Schedule Yours Below...



Calendar Link

GESTALT

COACHING AND CONSULTING

Join Gestalt Coaching and Consulting for one, or all, of our Free 10 Part series of virtual workshops. Explore areas of personal growth and development to live more powerfully and fulfilled.

Contact Us

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